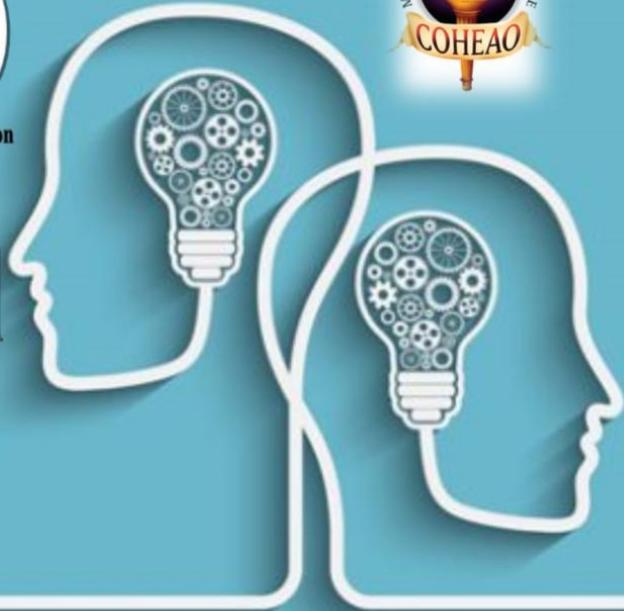


# COHEAO

Coalition of Higher Education Assistance Organization



## September Financial Wellness Newsletter



### YOUR MONTHLY NEWS & UPDATES

#### 6 September Financial Tips

1. Create an Emergency Fund
2. Get Aggressive with Your Debt
3. Use Technology to Your Advantage
4. Eliminate Wasteful Spending on Non-Necessities
5. Contribute the Maximum Amount to Your Retirement Savings Account
6. Take Care of Your Credit



#### How To Create A Financial Plan For The Year - September

It's September, which means for most of us, fall is here!

And I don't know about you, but I am a total sucker for all things autumn. The leaves start turning colors (well, everywhere but Florida), there's a fresh crispness in the air (well, everywhere but Florida), and Pumpkin Spice lattes abound (okay, so I take mine iced, but still....it's the just the idea, right?)

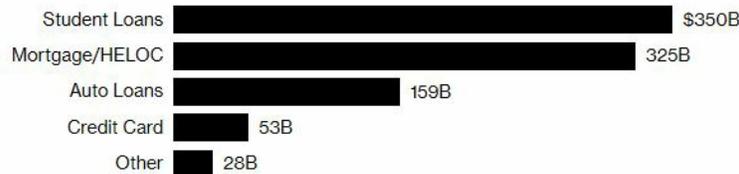




## Young People Are Starving For Classes On Finance, Tips on Taxes

### Commitments

Young Americans owed \$920 billion as of the second quarter of 2019



Source: New York Fed Consumer Credit Panel/Equifax  
Note: 18-29 year olds; Numbers are rounded.

Gen Z is veering into the world of student loans, first apartments and financial burdens -- and they're hungry for help in figuring it all out.

Three out of four recent high school graduates said they wish a class on personal finance had been a mandatory part of their education, according to a study released this month by Experian. Young people were mostly keen to learn how to save money, manage expenses and file taxes, the consumer-credit reporting company found in a survey of 18- and 19-year-olds.

[Read More](#)



## COHEAO CONNECTION

### Roundtable Discussions

Would you like Access to Subject Matter Experts in a small-group conversational setting? Do you have a specific question, want to explore best practices, or need training? You may also suggest a topic in the area of Student Financial Services that is not included above. We will then be in touch with you to set up a one-hour personalized session to assist with your needs.

[Submit Your Request](#)

- Perkins Loan Program
- Health Professions and Nursing Loan Programs
- Institutional Loan Programs
- FISAP
- Debt Collection Best Practices
- Bankruptcy
- Financial Wellness
- TCPA (Telephone Consumer Protection Act)