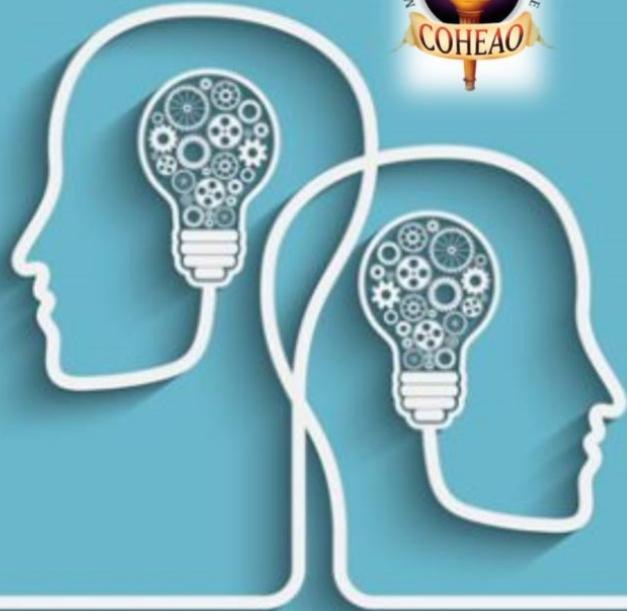


COHEAO

Coalition of Higher Education Assistance Organization



April Financial Wellness Newsletter



YOUR MONTHLY NEWS & UPDATES

"Financial Literacy is an important part of avoiding financial mistakes and planning for a strong, secure financial future."

Tim Pawlenty, Financial Services Round Table, President & CEO

UPCOMING EVENTS

Financial Literacy Webinar
"Recent Government Acts and navigating market fluctuations"

Wednesday, April 29, 2020 12:00 - 1:30 PM CST
Registration Available Soon at www.coheao.com

Join us for an in-depth discussion provided by Jason Jupiterwala, Financial Advisor with Thrivent Financial, covering the recently passed SECURE Act and CARES Act, as well as learning his team's 5 ways to navigate market

fluctuation. This will be a presentation packed with content you won't want to miss, with time for Q&A at the end.



The 2020 TIAA Institute-GFLEC Personal Finance Index

Many Do Not Know What They Do and Do Not Know

Paul J. Yakoboski, TIAA Institute

Annamaria Lusardi, The George Washington University School of Business and Global Financial Literacy Excellence Center (GFLEC)

Andrea Hasler, The George Washington University School of Business and Global Financial Literacy Excellence Center (GFLEC)



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A Common Rule of Thumb

Use the 50-20-30 rule to manage spending. Apply 50% of your take-home pay to needs such as the mortgage, rent, utilities, groceries or transportation, 20% to savings, investments, and debt payments, and no more than 30% to your wants or flexible spending, such as travel or entertainment. These are not exact percentages and you can change them to work for you. But, the rule is a good starting point for creating a financial plan. Click below to find helpful worksheets.

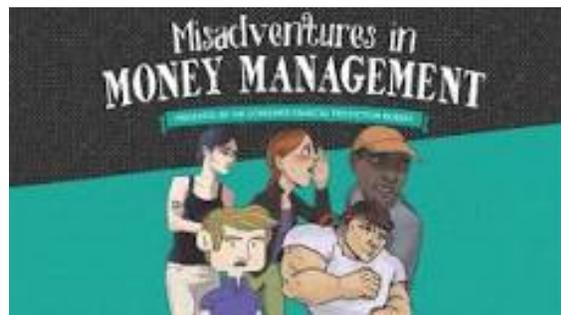


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Misadventures in Money Management (MiMM)

Cutting edge, graphic novel where you can choose your own adventure in a virtual learning experience that trains future and current service members on how to navigate future financial landmines in a fun and interactive way. The program is currently available for use by all of the U.S. Armed Forces.



[Play Here!](#)

COVID-19 (coronavirus) Outbreak



The COVID-19 (coronavirus) outbreak has presented many challenges for people across the United States. The Benefits.gov Program recognizes the difficulties that many are facing and wants to help citizens find the assistance they need, whether it be unemployment, healthcare, temporary assistance, or food and nutrition.

[More Info!](#)