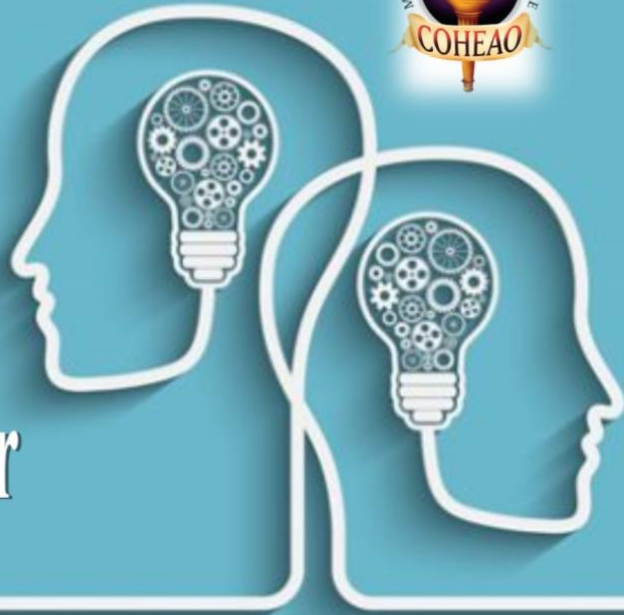


# COHEAO

Coalition of Higher Education Assistance Organization



## July Financial Wellness Newsletter



### YOUR MONTHLY NEWS & UPDATES

“Financial literacy is an important part of avoiding financial mistakes and planning for a strong, secure financial future.”

– Tim Pawlenty, president and CEO of Financial Services Round Table



#### Upcoming Events

Please join COHEAO in San Antonio, TX for our Fall 2020 Conference at the Hyatt Regency Hotel. COHEAO is excited to release the agenda for our upcoming 2020 Fall Conference to be held in San Antonio, Texas. The conference will be held November 9 and 10, 2020, at the Hyatt Regency, which is on the well-known Riverwalk area of the city, near attractions like the Alamo and several entertainment options.

## 2020 COHEAO Scholarship Winners

Jennifer Mack - University of Nebraska Omaha

Gabriella Castillo - Manhattan College

Jenna Sizemore - University of Dayton



### **Schwab MoneyWise**

Key research in 2018 from the Charles Schwab Foundation shows how young adults view money.

- average, Young Millennials don't think they'll be financially independent until age 29.
- 80% of young adults have witnessed their parents experience financial hardship.
- 33% of young adults skipped at least one meal in the previous year due to lack of funds.



[Link to Additional Resources](#)

## 6 Financial Literacy Principles



1. Budget your money
2. Taxation
3. Borrowing
4. Plan before investing
5. Invest to achieve your goals
6. Preparing your estate

[More Info](#)